

# ZORYN



MAY 2025

**FEATURING:**  
**RICHARD**  
**GROSCH**

Dive into the mind  
and being of  
Richard Grosch...

**THE FIRE**  
**WITHIN**

**SEE INSIDE:**

This edition's  
features for  
Zoryn!

**DISCOVER:**  
**ANNA DAAL**

The founder of  
the Russian Film  
Festival South  
Africa Int.



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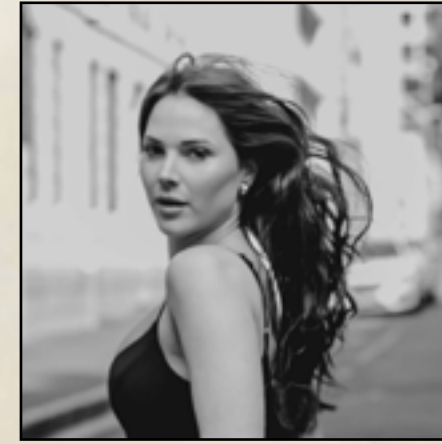
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# INDEX 2025



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# EDITORS NOTE

By The Z-Creative

## The Fire Within

I marvel at the human body, and how our bodies and minds propel us forward, like a fire ignited by a spark, gaining momentum, capable of destroying, but also of birthing new life.

We hold so much power with the decisions we make, our choices determining the next chapter of our lives. Our actions cause a ripple effect that can create the extraordinary or sabotage with every domino that falls in their wake.

We all have that little voice that powers our thoughts and desires. It seems to bubble from the pit of one's stomach, growing louder to the point where excitement burns forth.

We need to fuel that fire as life tends to throw curveballs, people disappoint, words, actions and circumstances douse that fire, and one forgets the joy that comes with that roaring fire within.

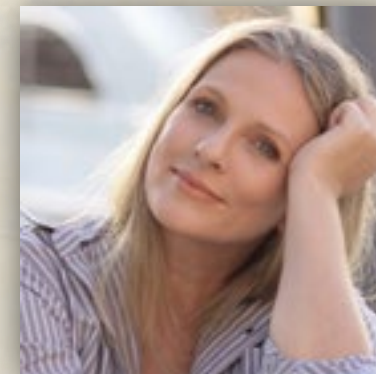
As the image submissions came in for this edition, it struck me that the model's eyes were bright and captivating, their expressions rich with expectation, confidence and purpose.

This filled me with such joy and appreciation to have the privilege of a glimpse into that truly special moment, forever captured in time.

May this edition ignite your creativity, and may you keep encouraging that fire within to shine bright, to find purpose, and bring joy to those you encounter along the way.

With love and blessings, Martéz

## The Team



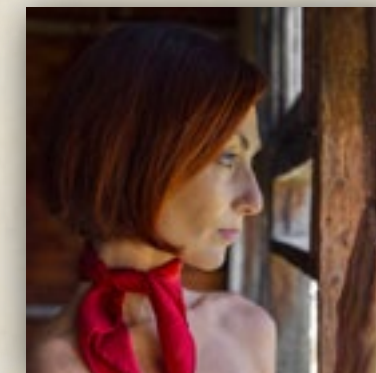
**Martez Saporta-Rothuysen**  
Editor in Chief



**Hannelie Bronkhorst**  
Managing Editor



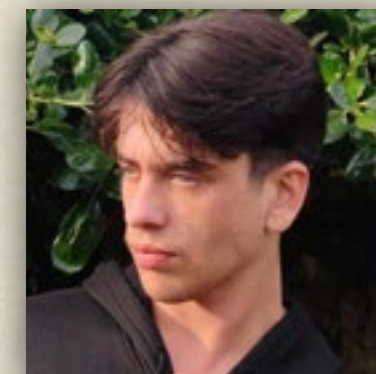
**Alexei Saraev**  
Senior Graphic Designer



**Daniela Di Lorenzo**  
International Liaison &  
Movement Coach



**Bianka Hartenstein**  
Photographer



**Austin Fouche**  
Graphic Designer



# Arthur Browne

Photographed by: Tharine Photography

Since stepping into the modeling industry in 2011, my journey has been one of passion, growth, and ambition. What began as a pursuit to build confidence quickly evolved into a lifelong passion. Setting and achieving personal and professional goals has been at the core of my success, and I am driven by a clear purpose: to excel in my craft and empower aspiring models to realize their potential with realistic expectations.

## Career Highlights:

### Early Breakthrough:

My career took off with the Kristal Mantwa designers show launch in 2012, where I had the privilege of meeting Geanni D from Top Billing. 2012 also marked my first magazine cover for Bloemfontein Teen Mag.

### Fashion Week Features:

I've graced numerous fashion shows, including the CUT Fashion Show and Mimosa Mall's Food Loves Fashion Week. Notably, I walked for multiple designers in Free State Fashion Week in 2017 and 2018.

### Photography Collaborations:

I've worked with many renowned photographers, with a standout shoot being with Gareth Barclay in 2017.

## Competitions and Campaigns:

I was a finalist for Top Model South Africa 2016 and featured in an international Smart Car commercial in 2014. Additionally, I was the face of the Blanc campaign in 2015 and one of the selected faces for the GXXXF/ Golden Finger campaign launched in South Africa and Taiwan.

## Leadership and Mentorship:

### Model Development:

After receiving my teaching credentials in 2014, I trained male models from 2014 to 2018, many of whom secured agency contracts and began full-time modeling careers.

### Management Roles:

As Managing Director of a Bloemfontein model academy from 2019 to 2022, I expanded the program to include female models and built the company from the ground up.

## Pageantry Leadership:

Since 2019, I have been the Regional Director for Pageants SA in the Free State, mentoring numerous national titleholders to date.

## Additional Ventures:

### Media Presence:

I auditioned for the Top Billing presenter search in 2018 and was a presenter for The Fashion View on Starsat in 2022.

## Entrepreneurship:

In 2023, I founded my own modeling academy, which has thrived under my leadership, marking a significant milestone in my career.

## Skills and Expertise:

Beyond modeling, I have honed a diverse set of skills, including:

Concept shoots, model styling, wardrobe coordination, and male makeup artistry.

Event planning, stage management, choreography and production.

Hosting and MCing fashion shows.

Workshops in basic acting, personal branding, content creation, and social media management.

My journey reflects a commitment to excellence, continuous learning, and a dedication to nurturing the next generation of talent. Through my academy and ongoing projects, I remain passionate about sharing my experience and inspiring others in the modeling industry.

Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein

Model: Arthur Browne  
Agency: Arthur Browne Coaching (Director)  
Agency (MA): MMM Agency  
Location: Bloemfontein





Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein



Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein





Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein



Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein





Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein



Model: Arthur Browne | Photographer: Tharine Photography | City: Bloemfontein



# Christy Möller

Photographed by: Saul Lazarus  
Tharine Photography

My name is Christy-Ann Möller.

I've been interested in modelling since I was 13, At the age of 17 I finally started my journey at Arthur Browne model coaching, it's been the best decision I've ever made.

In 2024 I had the opportunity to get first hand exposure in the industry for the first time in Cape Town, I was then fortunate enough to receive representation by MMM and I am excited walking this journey with them and to achieve new milestones and to do the best that I can do in order to succeed and progress in the industry.

I plan to move to Cape Town in 2025. One of my biggest dreams is to travel across the world as a model and to have international representation. and my personal goal is to always do the best that I can do and to keep on improving on my skills.

I want to inspire young women around the world and prove to them that everyone has something unique in them and that one should never give up dreaming and that dreams can be turned into reality if you work for it and believe in it.

Model: Christy Möller  
Location: Cape Town & Bloemfontein  
Agency: @martezmultimanagement  
@modelcoach\_arthur

Photographer: Tharine Photography

Model: Christy Möller | Photographer: Tharine Photography | Location: Bloemfontein







Model: Christy Möller | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town



Model: Christy Möller | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town





Model: Christy Möller | Photographer: Tharine Photography | Location: Bloemfontein



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Model: Christy Möller | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town





Model: Christy Möller | Photographer: Ahee Photography | Location: Bloemfontein



Model: Christy Möller | Photographer: Ahee Photography | Location: Bloemfontein





YOUR ONLY SAFEGUARDING PARTNER

*#SaferTogether*

The Guardian is about Safeguarding. Safety is more of a tick box. Setup evacuation processes, make sure fire hydrants work. Safety is generally protection from the environment. Safeguarding is creating structures and reporting mechanisms that reduce the possibility of toxic relationships developing such as bullying, sexual harassment, sexual assault, inappropriate online and real-world relationships, grooming etc. Safeguarding isn't an action, it's a process. It's changing the culture of an environment. Only those who commit to changing the culture will truly safeguard the vulnerable. Doing clearances and education and having policies are vitally important but they become window dressing unless someone takes responsibility for changing the culture of the industry or environment. It can't happen overnight. The solutions mentioned above only become effective if safeguarding in the organisation becomes "Sexy".

We need to reach as many schools, sports clubs, churches, mosques, synagogues, hotels, restaurants, modelling agencies, events etc. as possible, and work at changing their mindset around safeguarding in the hope that they implement safeguarding strategies that will change their culture.

<https://www.theguardian.co.za/>

**EDUCATING THE  
MIND WITHOUT  
EDUCATING THE  
HEART IS NO  
EDUCATION AT ALL.  
- Aristotle**

THE  
GUARDIAN

*#SaferTogether*





Model: Jurgens Smith | Photographer: Tharine Photography | Location: Bloemfontein

# Jurgens Smith

Photographed by: Tharine photography  
Kevin Mark Pass  
Stefan Louw

My name is Jurgens Smith and I am 31 years of age. Don't be fooled though because I definitely do not look it. I first started modeling when I was 21. As mothers do, my Dearest told me that I am a handsome young man and that I would do well in modeling. Naturally I was skeptical, but I gave it a go. Thank you Mom!

The changes I have experienced, knowledge I have gained, friends that I made, amazing people I met - the list goes on and on. I never could have imagined myself achieving what I did in the time I have done modeling.

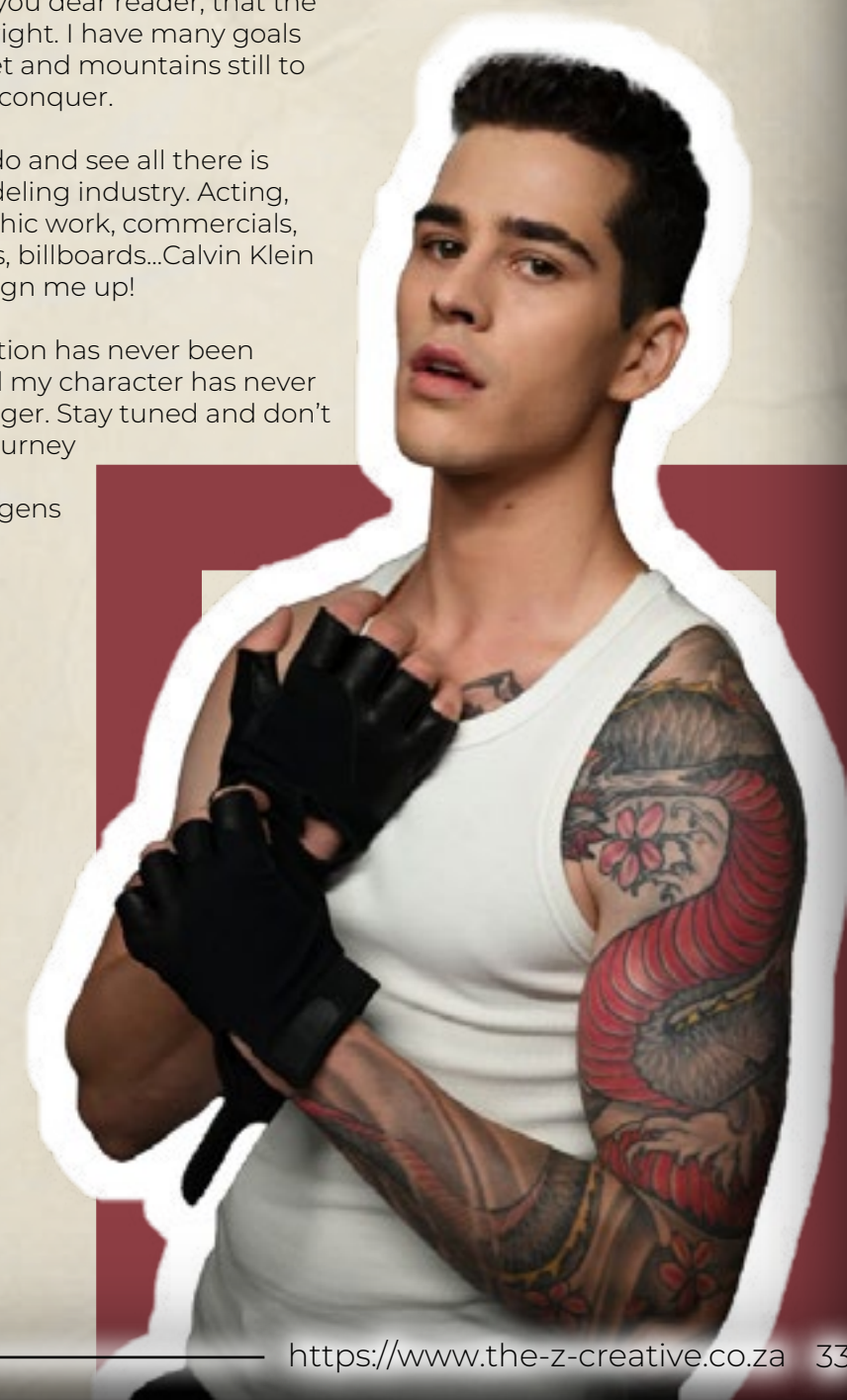
I competed in Opulent Models twice in a row as a finalist in the years of 2022 and 2023. I was part of a Sony Campaign in 2022. And I have the esteemed honor to say I am now managed by MMM Agency.

My journey and growth within, around and through modeling has only just begun. I cannot say or guess what the future will hold for me, but I can with the utmost surety tell you dear reader, that the future is bright. I have many goals to reach yet and mountains still to climb and conquer.

I want to do and see all there is to the modeling industry. Acting, photographic work, commercials, campaigns, billboards...Calvin Klein you say? Sign me up!

My motivation has never been higher and my character has never been stronger. Stay tuned and don't miss the journey

@smithjurgens



Model: Jurgens Smith  
Location: Bloemfontein, Free State  
Agency: @martezmultimanagement  
@modelcoach\_arthur





Model: Jurgens Smith | Photographer: Tharine Photography | Location: Bloemfontein



Model: Jurgens Smith | Photographer: Tharine Photography | Location: Bloemfontein





Model: Jurgens Smith | Photographer: Tharine Photography | Location: Bloemfontein



Model: Jurgens Smith | Photographer: Tharine Photography | Location: Bloemfontein





Model: Jurgens Smith | Photographer: Stefan Louw | Retoucher: Elle Studio

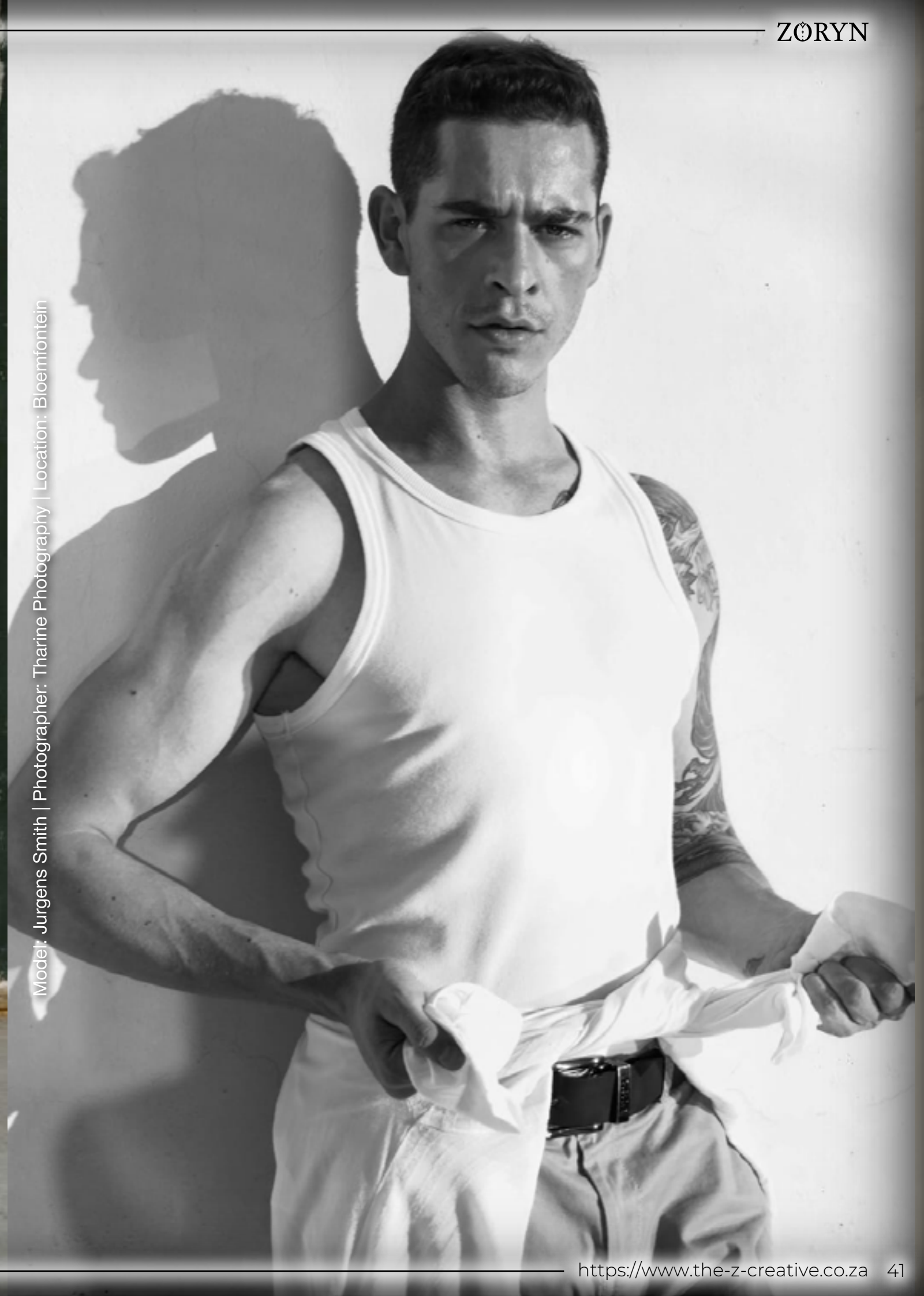


Model: Jurgens Smith | Photographer: Stefan Louw | Retoucher: Elle Studio





Model: Jurgens Smith | Photographer: Kevin Mark Pass | Johannesburg



Model: Jurgens Smith | Photographer: Tharine Photography | Location: Bloemfontein



# Savahna Grimbeek

Photographed by: @glamfuel

Model & MUAH: Savahna Grimbeek | Photographer: @glamfuel | Location: Joburg & Cape Town

Hi, I'm Savahna (Grimbeek) Crause – a storyteller at heart with a deep love for all things entertainment. From the age of three, I've been on stages and runways, winning titles like Little Miss SA, Miss Earth SA Top 10, Miss Platinum Face, Miss Brits, and Mrs. Globe SA B Loved Foundation.

Acting became my next love, and I trained under industry greats like Brumilda van Rensburg, Karin Retief, and Simone Nortman. That journey led me to roles in Getroud Met Rugby and Binnelanders, and I've also danced my heart out across styles – from modern to hip hop – even taking that passion to the USA.

In 2024, I released my debut single Ek Bly Hoop, followed by my second song Lekka Pappie. Music has opened up a whole new world for me, and I'm loving every second of it!

**(Listen here: Ek Bly Hoop)**

On the side, I help brands grow online through social media management – creating content, building engagement, and helping businesses stand out in the digital space.

I'm also a qualified Early Childhood Development teacher and love working with kids – their honesty and joy constantly inspire me.

Traveling, modeling, performing, and living with purpose – that's what fuels me. I believe we were made to shine in more than one area, and I'm here to do just that.

Model: Savahna Grimbeek  
Agency: MMM Agency  
Blaze Talent (JHB)  
Location: Joburg & Cape Town  
MUAH: Savahna Grimbeek







Model & MUAH: Savanha Grimbeek | Photographer: @glamfuel | Location: Joburg & Cape Town



Model & MUAH: Savanha Grimbeek | Photographer: @glamfuel | Location: Joburg & Cape Town





Model & MUAH: Savanha Grimbeek | Photographer: @glamfuel | Location: Joburg & Cape Town

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Model & MUAH: Savanha Grimbeek | Photographer: @glamfuel | Location: Joburg & Cape Town



Model & MUAH: Savanha Grimbeek | Photographer: @glamfuel | Location: Joburg & Cape Town



# Sebastian Basson

Photographed by:  
Tharine Photography  
Saul Lazarus

My name is Sebastian Basson and I'm poised to become a fully qualified neurosurgeon by the age of 30.

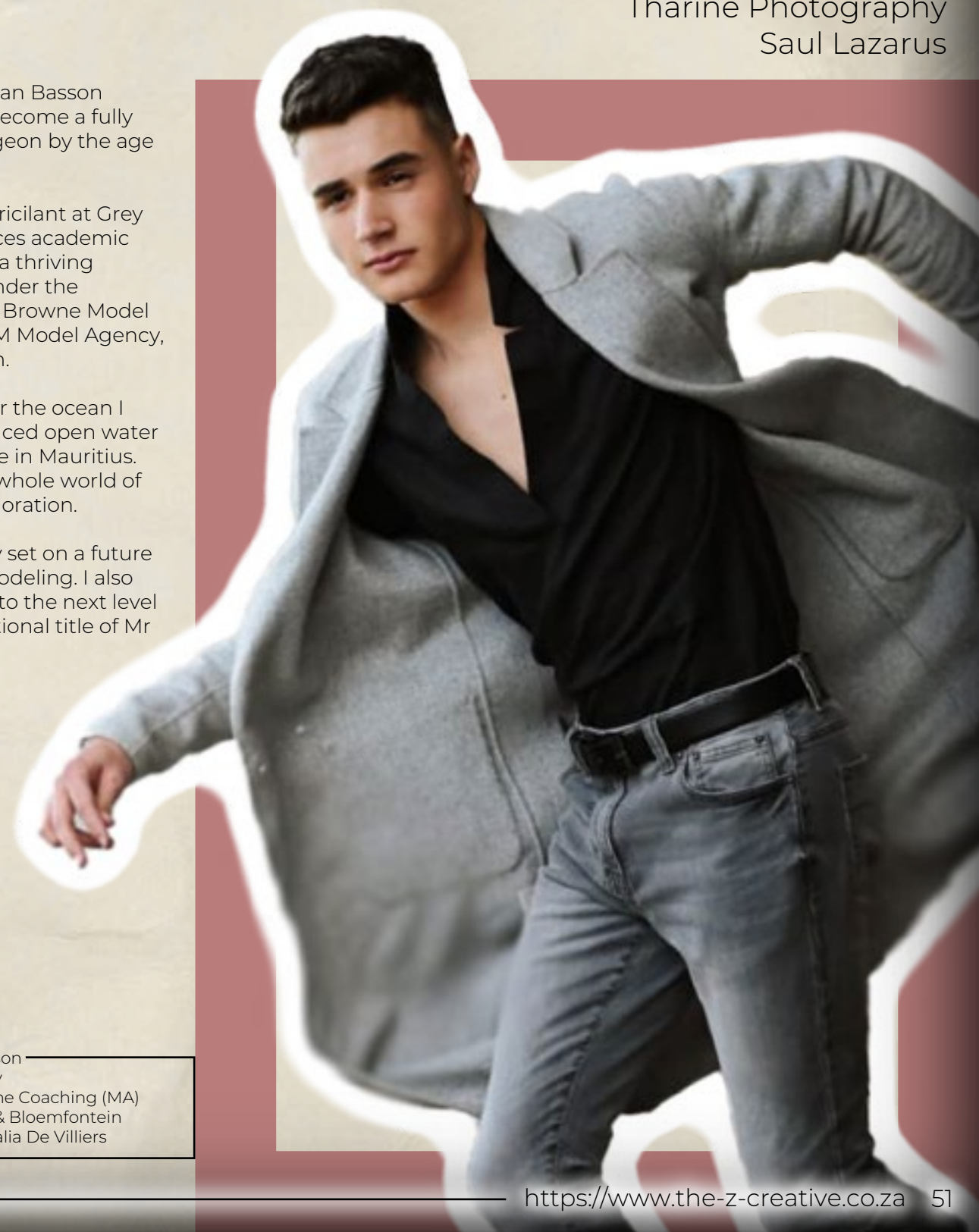
I'm currently a matriculant at Grey Kollege who balances academic achievements and a thriving modeling career under the guidance of Arthur Browne Model Coaching and MMM Model Agency, bases in Cape Town.

With my passion for the ocean I obtained my advanced open water scuba diving license in Mauritius. Diving opens up a whole world of adventure and exploration.

My sights are firmly set on a future of medicine and modeling. I also took my modeling to the next level by securing the national title of Mr Jnr Teen SA 2025.

Model: Sebastian Basson  
Agency: MMM Agency  
Arthur Browne Coaching (MA)  
Location: Cape Town & Bloemfontein  
Stylist (CT Photos): Thalia De Villiers

Model: Sebastian Basson | Photographer: Tharine Photography | Bloemfontein







Model: Sebastian Basson | Photographer: Tharine Photography | Bloemfontein



Model: Sebastian Basson | Photographer: Tharine Photography | Bloemfontein





Model: Sebastian Basson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers



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Model: Sebastian Basson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers



Model: Sebastian Basson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers



# Theo Malherbe

Photographed by: Milan Benjamin Cronje

**My Modelling Journey & Lifestyle**  
My modelling career began in 2004 with a brief but formative stint at my first agency. My first major booking was a stills shoot for the Volvo car brand. That led to working on the Rocco commercial, where I met one of my dearest and longest-standing friends, who played the lead. I went on to be featured in a water advert and several smaller commercials and stills shoots. In mid-2005, I was scouted by a top-tier agency, which became my professional home for nearly two decades. I'm deeply grateful for the incredible journey I had with them. My booker believed in me and took chances on briefs that didn't always fit the conventional mould—some of which turned out to be career highlights.

I was fortunate to land some fantastic jobs—one of my standout experiences was flying to the Seychelles for a three-day stills shoot. Another was a seven-day European clothing brand campaign, with an amazing package, which coincided with my 50th birthday.

Over the years, I worked with several car brands and appeared in numerous commercials. One of the proudest moments of my career was being the lead for Skoda for three consecutive years. I was also lucky to work alongside the talented Colin Moss on a commercial shoot.

At the start of my time with this agency, I took several courses with Act School. That's where I met Martez, now the owner of MMM and friend, who was my tutor at the time. Over the years, we've had the pleasure of doing several stills shoots together—she's even played my onscreen wife on multiple occasions. In 2024, my modelling journey came full circle when I joined MMM.

Staying on top of my game is something I value highly, so I regularly do refresher courses with Chana from Lights-Camera-Action and recently with Ruben Engel

## Lifestyle & Wellness

Health and well-being are part of my everyday life. I eat clean—mostly gluten- and dairy-free—though I definitely enjoy the occasional pizza or burger. My daily vice? Chocolate. I don't drink alcohol or use party drugs.

Physically, I keep active: I cycle when I can and hit the gym most days. My routine includes daily skipping, twists with a bar, either cycling or step, and focusing on specific body parts with weights. I also include squats, bench presses, sit-ups, and planks weekly. A couple of times a week, I walk from home to the beach and along the coast, often stopping for a coffee near Onse Huisie, earphones in, listening to affirmations.

I'm a sun person—I love the beach and ocean, and soaking up vitamin D. Meditation, visualisations, and daily affirmations are part of my mental fitness. I also write a gratitude list every day, jotting down at least 10–15 things I'm thankful for. I believe in balance and consistency, and I make sure to get a solid eight hours of sleep every night.

## About Me

My career has always been rooted in working with people and building meaningful connections. Before founding my matchmaking business, I owned and ran a laundrette called My Beautiful Laundrette in Sea Point. I started it from scratch and successfully ran it for seven years before selling it in 2005 to follow my passion for helping people find love.

That same year, I founded The Only Social Club, a personalised matchmaking service for high-end professionals, executives, and corporates. For the past 20 years, it has been my privilege to guide clients on their journey to finding meaningful relationships. Every member is personally interviewed and vetted to ensure a discreet, high-integrity experience that values quality over quantity.

Model: Theo Malherbe | Photographer: Milan Benjamin Cronje | Location: Cape Town

Model: Theo Malherbe  
Agency: MMM Agency  
@martezmultimanagement  
Location: Cape Town



# Theo Malherbe

Photographed by: Milan Benjamin Cronje

At the heart of The Only Social Club are the values of integrity, confidentiality, and a genuine focus on fostering real connections. It's never been about swiping or algorithms—it's about people. I've had the honour of being invited to several weddings over the years, a true testament to the impact of the service and the love stories that have unfolded.

In addition to my entrepreneurial ventures, I've had the opportunity to be interviewed on various radio platforms and share my experiences on various media platforms. Notably, I was interviewed on Kaapstad Radio's show by presenters Loui Fish and Martéz Saporta-Rothuysen, who have both played significant roles in my professional journey.

This interview provided a platform to discuss dating, my career and insights.

You can find more information at [www.theonlysocialclub.co.za](http://www.theonlysocialclub.co.za)  
Email: [info@theonlysocialclub.co.za](mailto:info@theonlysocialclub.co.za)

Warmest Regards

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<https://www.theonlysocialclub.co.za>

Model: Theo Malherbe  
Agency: MMM Agency  
@martezmultimanagement  
Location: Cape Town

Model: Theo Malherbe | Photographer: Milan Benjamin Cronje | Location: Cape Town







Model: Theo Malherbe | Photographer: Milan Benjamin Cronje | Location: Cape Town



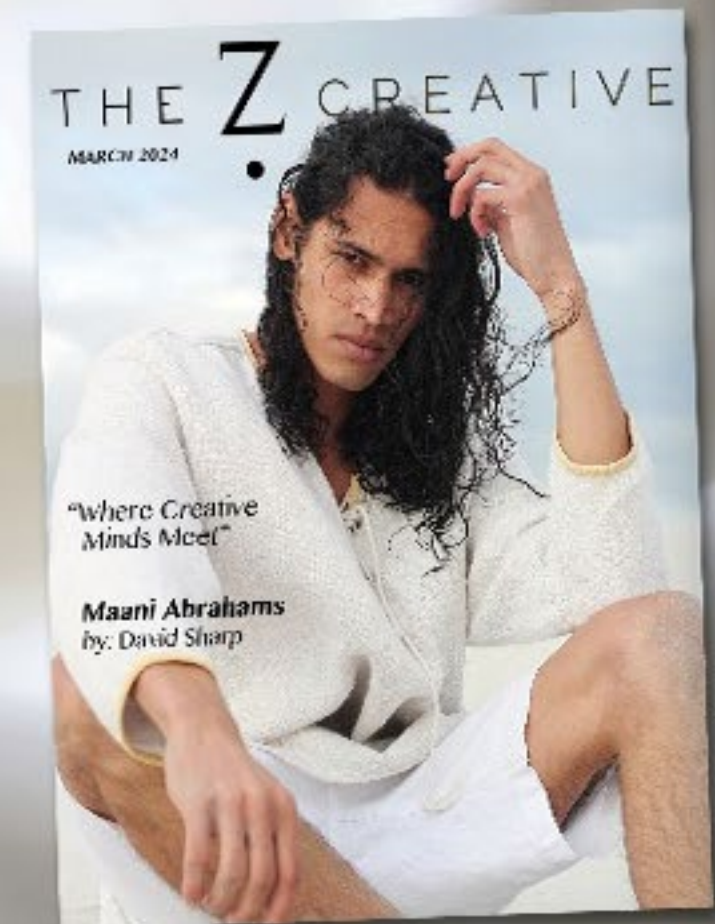
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# ARTICLES







Model: Richard Grosch | Photographer & Directions: @samantha\_pegg\_khalifa @sampeggphotography  
Styling & Fitting: @lynette.devilliers | MUAH: @noas\_laboratory

# Richard Grosch

“ His presence is a declaration  
...of intent: to bring greater  
joy, peace, freedom, love, and  
unwavering authenticity to every  
space he inhabits and every  
endeavor he undertakes. His nature  
capable of captivating rooms and  
audiences in the most magnificent  
ways.

“I love to express myself. I love to  
not care while showing up in my  
greatest joy, fun and authentic  
weirdness. Therefore I am able to  
care deeply.”

Richard's vision is to touch and  
inspire the world with genuine  
vulnerability and fearless self-  
expression. Anchored by an  
unwavering faith in the power led  
by the heart, he dares to dream  
beyond conventional limitations,  
transforming aspirations often  
deemed impossible.

Photographed by:  
Sam Pegg

“I love being delusional. It helps me  
bringing the extraordinary into life.  
What could be more amazing than  
the greatest vision I could possibly  
have? Focusing my heart on its  
direction, holding myself open to  
be surprised by the wonders along  
the way. So whenever someone tells  
me or even when I tell myself that  
something is not possible, I enjoy  
doing it twice while having a big

”  
smile.” ...

CONTINUE..



Model: Richard Grosch  
Agency: MMM Agency  
Location: Cape Town  
Stylist: @lynette.devilliers  
MUAH: @noas\_laboratory



# BENEATH THE SURFACE:

## THE VIBRANT WORLD OF RICHARD GROSCH

Emerging onto the scene in 2024, Richard Grosch isn't merely entering the industry; he's poised to redefine its very landscape. Beyond striking aesthetics and impeccable measurements lies a profoundly inspiring, authentic, and deeply embodied individual ready to infuse the world of fashion with a powerful intention rooted in genuine connection.

"Joy is medicine. Love is the answer. Caring is the only way."

Grosch envisions a paradigm shift, replacing the outdated notion of competition with a vibrant culture of collaboration. He champions a professional and personal sphere where mutual inspiration fuels our collective magic, authenticity, and boundless potential.

"My dream is to see us rise and shine together."

This vision is intrinsically linked to illuminating one's truest inner light, fostering an environment where everyone is encouraged to rise and shine in their most authentic joy.

For Richard, it's about fostering truthful connections, cultivating beauty through creation, and manifesting moments of wonder and possibility.

"We are the miracles. It is time to realize in celebration and joy that

miracles are not supernatural but our very nature."

His presence is a declaration of intent: to bring greater joy, peace, freedom, love, and unwavering authenticity to every space he inhabits and every endeavor he undertakes. His nature capable of captivating rooms and audiences in the most magnificent ways.

"I love to express myself. I love to not care while showing up in my greatest joy, fun and authentic weirdness. Therefore I am able to care deeply."

Richard's vision is to touch and inspire the world with genuine vulnerability and fearless self-expression. Anchored by an unwavering faith in the power led by the heart, he dares to dream beyond conventional limitations, transforming aspirations often deemed impossible.

"I love being delusional. It helps me bringing the extraordinary into life. What could be more amazing than the greatest vision I could possibly have? Focusing my heart on its direction, holding myself open to be surprised by the wonders along the way. So whenever someone tells me or even when I tell myself that something is not possible, I enjoy doing it twice while having a big smile."

### The Genesis of Presence

Richard's formative years unfolded within the rigorous discipline of the German football industry, a crucible that forged his unwavering ethics, dedication, and commitment. After more than a decade competing at the highest levels of German youth football, a deeper yearning stirred within him, a desire to explore life's rich tapestry of experiences.

"A time full of blessings and hurt. All of it held gifts for me which I would only understand years later."

This inner calling was further amplified by an innate wanderlust, leading him to traverse more than 25 countries and experience life firsthand on five of the seven continents. This extensive exposure to diverse cultures and perspectives broadened his understanding of the world and his place within it, enriching his journey of self-discovery, marked by both exquisite beauty and formidable challenges

"Having been able to meet and see so much of our incredible earth & home, continues to give me a deeper understanding of what life truly is about. I saw good and bad. Amazingness to overwhelming beauty to incredible uniqueness, as well as ugliness to danger to hostility.

It taught me that Love is both, soft and gentle, sharp and direct. The bad needs to be named. The good needs to be celebrated. And I love to encounter all of it in playfulness."

Eight years were spent navigating the demands of everyday life, each step a deliberate stride towards realizing his burgeoning dreams. These included among other things two transformative pilgrimages along the Camino de Santiago de Compostela, traversing over 2000 kilometers on foot in introspective silence, seeking the hidden treasures within. This was followed by over 800 hours immersed in silent meditation retreats, 21 days & nights in complete darkness and an unscripted ascent of Kilimanjaro with his brother, culminating in tears of joy on the "Roof of Africa."

"All these are wonderful milestones which allowed me to become who I am today. Yet what I am most proud of is my joyfulness, my humor, my way of bringing light wherever I am & to be surrounded by so much Love."

Driven by a relentless curiosity to explore his own boundaries, Richard embraced extreme experiences, including a six-month immersion in the Peruvian Amazonian jungle

alongside the indigenous Shipibo, a profound encounter with his deepest, most authentic self.

"What I learned in the jungle, is simple. I am the one who I can trust forever. God/Goddess is within and everywhere. In the jungle, in the city, in the daily joys of having a carrot cake with a loved one. We all desire Love within and around us. Having strong boundaries for myself is a non-negotiable. And after many extreme experiences, now I enjoy fun and softness for myself. Being so confronted with having nothing but a bed and water, I figured I really enjoy comfort, I enjoy luxury. I enjoy living my best Life. No more lack, yes to overflowing abundance in my cup. Yes to feeling alive and bringing dream after dream after dream into joyful manifestation."

The year 2023 marked a pivotal moment with the arrival of his beloved partner. This union with an embodied and awakened woman ignited an unprecedented period of personal growth and self-discovery. Experiencing a love that both embraces and challenges, he was invited daily to evolve into a more complete man, a more compassionate human being, and to embody his highest potential.

Photographed by:  
Sam Pegg

This blessed connection, a vibrant dance of joy and romance, served as the ultimate catalyst, forever transforming his approach to life and living.

"I wished for greater Love and romance before we met. I could have never expected the amazing gifts that this love and relationship would hold for me and her. I am the greatest version of myself and I continue to grow. I love freedom and freedom to me means to choose the things and people that I commit to. And oh my, has commitment to the right things changed my life for the greatest."

Now, more alive, more joyful, and more authentically himself than ever before, Richard is ready to share his light, love, and wisdom with all who are receptive to its transformative and embracing power.



## A Portfolio of Presence

### Full-Time Model:

Richard is poised to make his mark across the spectrum of high fashion. From the pages of prestigious magazines and the energy of runway shows during fashion weeks to captivating brand ambassador campaigns, compelling commercials, and sophisticated lifestyle editorials, his commitment to excellence knows no bounds.

"I only work with campaigns and people that truly allow themselves to be led by their heart. Then we create magic. Everyone feeling greater than before, everyone more inspired than before. Enriching the world with the joy of creating."

He is ready to spearhead impactful campaigns, bringing a new level of heart-led purpose, business acumen, and authentic presence to brands, companies, and individual creators.

### Actor:

With a natural charisma and compelling presence, Richard possesses the versatility to embody a diverse range of characters, from the intensely dramatic to the charmingly romantic, the heroic to the playfully comedic.

"I love to be in front of the camera, to let go of all and to be. To be in that one very moment."

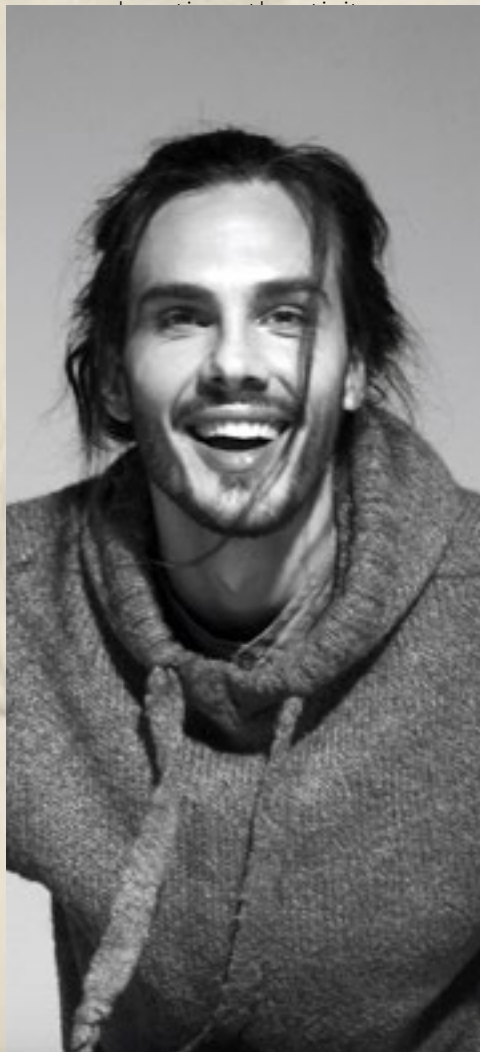
His keen eye for detail allows him to infuse characters and narratives with nuanced depth. While relishing the precision of well-crafted scripts, he also embraces the spontaneity of improvisational productions, finding freedom in the collaborative creation of character. Richard inherently possesses the gravitas of a leading man.

## Embodiment Mentor & Guide for Men:

Forged in the crucible of life experiences and dedicated self-inquiry, Richard offers as well a profound opportunity to share his hard-earned wisdom and practical tools. Focusing on one-on-one mentorships with men who are ready to confront their deepest truths, he guides them towards heightened levels of consciousness and embodied living.

"I am very reserved for this kind of work. It is high-quality work and I only choose to work with someone, when it feels absolutely aligned in every possible way."

Together, they navigate the inner landscape, exploring their relationships with fundamental aspects of existence and their lives as a whole. This transformative work is designed for men already committed to the path of greater truth, joy, and



## The Essence of Embodiment:

### Embodiment is...

- \* ...a profound grounding, a return to the present moment & deeper into your body.
- \* ...the realization of your infinite soul's conscious choice to be here, to learn, to evolve, and to revel in your highest love and joy.
- \* ...the unwavering understanding that authenticity is not a choice, but the only true path.
- \* ...the recognition of our inherent power as co-creators, capable of manifesting heaven on earth.
- \* ...the imperative to step into your full potential and honor your sacred body in every facet.
- \* ...savoring life's simple pleasures with mindful appreciation.
- \* ...navigating the world and expressing oneself with greater truth and clarity.
- \* ...establishing healthy boundaries and advocating for your own integrity.
- \* ...owning your narrative and taking full responsibility for your thoughts and actions.

Ultimately, embodiment is us as centered, grounded, earthly-divine, and heart-connected individuals, families, and communities on this Earth. It is about fostering deep self-respect and self-love, which naturally extends to a profound respect and love for one another.

### A Tapestry of Passions:

- \* The liberating expression of dance
- \* The universal language of music (singing, drumming, producing)
- \* The enriching connection of languages
- \* The broadening horizons of travel
- \* The wisdom held within the pages of books
- \* The immersive worlds of film and series

\* A deep appreciation for the artistry of comics and animation  
"I am quite nerdy when no one watches."

\* The joy of laughter through comedy

\* The vitality of sports and mindful movement

\* Nurturing the body through wholesome food, fitness, running, and flow states that deepen the mind-body-heart connection

\* The profound beauty of life's simple moments – shared laughter, a perfect treat, a captivating film, spontaneous dance "a carrot cake and a decaf cappuccino can make my day:"

\* The limitless potential of big dreams

\* The fulfilling act of creation in all its forms

\* Cherished walks with his beloved dog and partner

\* An innate curiosity for the extraordinary and the hidden depths beneath the surface

\* Embracing the journey of life

"I love chips with weird taste"

"Tony's Chocolonely is probably my favorite chocolate in the world"

"Comedy cracks

me open, I

am quiet a

goofball

myself"

"I love

high-quality watches & jewelry, especially gold has such a beautiful meaning for me"  
"I love beautiful teeth and chewing gum"  
"Be serious about being playful, be playful about being serious. I like that quote a lot. It's been quite a journey."





## A Heartfelt Acknowledgement

Blessed by the unwavering love and support of his family and the inspiring presence of his extraordinary partner, Richard feels a profound gratitude for the incredible woman by his side, his remarkable family, and his cherished friends.

"I deeply Love and appreciate my family. My parents have been always there for me. I don't know anyone in the world blessed with such loving and present parents as I have them with me. I know I could call my Brother in the night from a different continent and he would be there. I have an incredible lovely sister-in-law.

A few selected friends and brothers (conscious men) around me where I can be me, with all my miseries and celebrations. And of course my beautiful woman and our dog, which are some of the greatest inspirations for me to create greatness in the first place.

Thinking about all these lightfull pillars in my life gives me tears of joy and gratitude. What a special life that I am blessed with."

He recognizes that his journey has been profoundly shaped by their unwavering belief and encouragement.

To all who have supported him and continue to do so, he extends his deepest thanks. Surrounded by love and understanding, this is a life truly worth living!

Model: Richard Grosch | Photographer & Directions: @samantha\_pegg\_khalifa @sampeggphotography\_\_  
Styling & Fitting: @lynette.devilliers | MUAH: @noas\_laboratory





Model: Richard Grosch | Photographer & Directions: @samantha\_pegg\_khalifa @sampeggphotography —  
Styling & Fitting: @lynette.devilliers | MUAH: @noas\_laboratory

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Model: Richard Grosch | Photographer & Directions: @samantha\_pegg\_khalifa @sampeggphotography —  
Styling & Fitting: @lynette.devilliers | MUAH: @noas\_laboratory



# Charné Hewetson

Photographed by:  
Tharine Photography  
Saul Lazarus

My name is Charné Hewetson, and I'm a 16-year-old with a passion for modeling and a dream to leave my mark in the world. I started modeling at the age of 12 and have been trained by Arthur Browne Model Coaching Bloemfontein, I initially started just to try something new, but I quickly fell in love with the industry. Since then, it has become more than just a hobby—it's something I see myself doing as a career.

In 2022, I was crowned Miss Petite Teen South Africa, a moment that solidified my dedication and love for the modelling and pageantry industry. One of my biggest goals is to see my face on billboards and to book stills campaigns and inspiring others the way so many models inspired me.

I believe in creating my own path and making a difference, not just following where others have walked. My journey is just beginning, but I'm determined to go far, work hard, and chase every opportunity that comes my way.

“Do not go where the path may lead,  
go instead where there is no path and  
leave a trail.”

- Charné Hewetson

Model: Charné Hewetson  
Agency: MMM Agency  
Arthur Browne Coaching (MA)  
Location: CPT  
Stylist CPT photos: Thalia De Villiers  
MUA CPT photos: Rozelle Bester

Model: Charné Hewetson | Photographer: Tharine Photography | Location: Bloemfontein







Model: Charné Hewetson | Photographer: Elle Studio | MUA: Boss Beauty | Location: Bloemfontein



Model: Charné Hewetson | Photographer: Elle Studio | MUA: Boss Beauty | Location: Bloemfontein





Model: Charné Hewetson | Photographer: Tharine Photography | Location: Bloemfontein



Model: Charné Hewetson | Photographer: Tharine Photography | Location: Bloemfontein





Model: Charné Hewetson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town



Model: Charné Hewetson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town





Model: Charné Hewetson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town



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Model: Charné Hewetson | Photographer: Saul Lazarus | Stylist: Thalia De Villiers | Location: Cape Town





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Abaka Amara is much more than a production house! We are all about making magic in this fast•changing tumultuous New World. We want to change the face of storytelling and inspire transformation.

Whether you have a light•bulb idea that needs to become a story, or a story that needs to come alive on screen, or if you have wrapped up filming and don't know how to proceed, we know how that feels.

**We will make your dream our purpose.**

## OUR PROCESS:

As a company, we don't only offer strategic and pragmatic solutions, we also execute them in innovative, creative ways to maximize impact. We call our process SURF•ing:

### **S** – Strategize & Diversify

Abaka Amara uses a strategic approach to diversify a project's impact, bankability and reach. With partners coming from different backgrounds and experience, offering a unique combination of collective strengths, Abaka Amara brings a refreshing perspective to various genres of movies.

### **U** – Unpack & Optimize

At Abaka Amara, unpacking and optimizing our clients' message is our key approach. Matching what the audience wants to see, and what the distributors want to stream, is fundamental to the success of a movie

### **R** – Realign to a greater purpose

We fine•tune and realign our clients gems to target their intended audience.

Underlying this, is Abaka's primary desire to initiate change and achieve a higher purpose; one that serves humanity at large and the collective good in every community.

### **F** – Focus & Futurize

Staying true to the purpose and the defined mission is the only way to honour the essence of our clients' projects.







Model: Jess Ross | Photographer: @danniclaire.photography | MUAH: @nicoladoesmakeup & @tammy\_berma | Stylist: the\_stylist\_kell | Location: Cape Town

# Jess Ross

With over six years of experience as a content creator, I've built a career that blends creativity, storytelling, and strategy. My journey began in fashion photography, and since then, I've had the opportunity to work across lifestyle, beauty, and travel — connecting with audiences through authentic, visually striking content.

I'm deeply passionate about using digital platforms to inspire and uplift others, and I love collaborating with brands that share that same vision. Health and fitness are also central to my lifestyle — the gym is my place to recharge, reset, and feel grounded, especially during chaotic weeks.

Looking ahead, I'm focused on expanding my work within the luxury and wellness space, while growing my new venture in wedding content creation — something I'm incredibly excited about.

When I'm not creating or planning shoots, you'll find me chasing sunsets, exploring wine farms, or just soaking in stillness with good company.

Balance is everything!

Model: Jess Ross  
Agency: MMM Agency  
Location: Cape Town, South Africa

Photographed by:  
@fitgirlcreations\_  
@danniclaire.photography







Model: Jess Ross | Photographer: @danniciaire.photography | MUAH: @nicoladoesmakeup & @tammy\_berma | Stylist: the\_stylist\_kell | Location: Cape Town



Model: Jess Ross | Photographer: @danniciaire.photography | MUAH: @nicoladoesmakeup & @tammy\_berma | Stylist: the\_stylist\_kell | Location: Cape Town





Model: Jess Ross | Photographer: @danniciaire.photography | MUAH: @nicoladoesmakeup & @tammy\_berma | Stylist: the\_stylist\_kell | Location: Cape Town



Model: Jess Ross | Photographer: @danniciaire.photography | MUAH: @nicoladoesmakeup & @tammy\_berma | Stylist: the\_stylist\_kell | Location: Cape Town





Model: Jess Ross | Photographer: fitgirlcreations\_ | MUA: (Self) | Location: Cape Town



Model: Jess Ross | Photographer: fitgirlcreations\_ | MUAH: (Self) | Location: Cape Town



# Morgan Lewis

Photographed by:  
Bianka Hartenstein

Morgan Lewis is a Cape Town-based model whose journey into the industry began with a deep love for creative expression and storytelling through imagery. With a growing portfolio spanning fashion, swimwear, fitness, and lifestyle, Morgan is passionate about using modeling as a platform to inspire confidence, strength, and authenticity - especially among young women.

Her industry experience includes collaborations with local and international photographers, brands, and creatives who share her vision for high-quality, purpose-driven content. Morgan is not only focused on aesthetics but on building a meaningful career that aligns with her values of empowerment, self-growth, and resilience.

Outside of modeling, Morgan is dedicated to fitness and well-being. She's currently in a strength-building phase, with a specific focus on glute growth and hourglass shaping - blending strength training with Pilates to maintain a toned upper body. Fitness is both a physical and mental anchor in her life, helping her stay disciplined, balanced, and energized.

To relax and unwind, Morgan finds peace in nature, solo travel, journaling, and photography. She believes in the power of reflection and intentional living, and is always working toward becoming the highest version of herself - both personally and professionally.

Looking forward, Morgan's goals include signing with international agencies, growing her brand into luxury and lifestyle content creation, and using her platform to advocate for confidence, safety, and authenticity in the modeling world.

Model: Morgan Lewis | Photography: Bianka Hartenstein | Make-up & Styling: Little Harlequin

Model: Morgan Lewis  
Agency: MMM Agency  
Location: Cape Town, South Africa







Model: Morgan Lewis | Photography: Bianca Hartenstein | Make-up & Styling: Little Harlequin



Model: Morgan Lewis | Photography: Bianca Hartenstein | Make-up & Styling: Little Harlequin





Model: Morgan Lewis | Photography: Bianka Hartenstein | Make-up & Styling: Little Harlequin



Model: Morgan Lewis | Photography: Bianka Hartenstein | Make-up & Styling: Little Harlequin





Model: Morgan Lewis | Photography: Bianka Hartenstein | Make-up & Styling: Little Harlequin



Model: Morgan Lewis | Photography: Bianka Hartenstein | Make-up & Styling: Little Harlequin



# Tiago Jardim

Photographed by:  
Tharine Photography  
Saul Lazarus

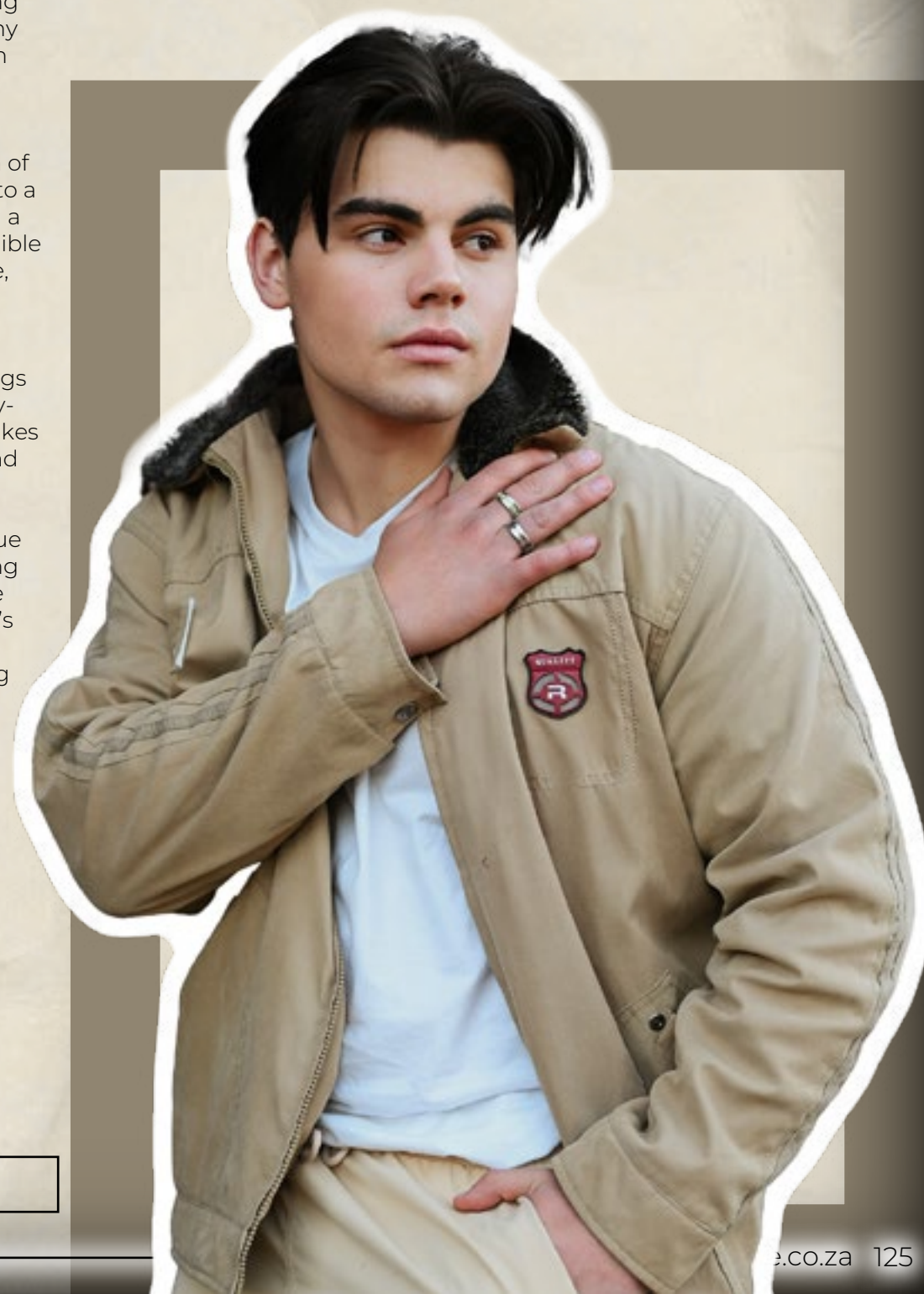
My name is Tiago Jardim, I'm 22 years old, and I am a model and actor represented by Martez Multi Management. I began my journey in modeling and acting by joining AB Model Coaching, driven by my passion to become a well-known actor and or model recognized worldwide.

Acting has always been a dream of mine because I love stepping into a role that isn't me and portraying a different character. It's an incredible feeling to become someone else, even if just for a moment.

Acting allows me to grow out of my comfort zone, and to do things I wouldn't normally do in my day-to-day life — and that's what makes it so exciting and challenging and that is where I grow.

My future prospects is to continue to grow and develop in modelling and acting, and to land a feature and or main character role in TV's as well as feature in series and movies. It would also be amazing to book a stills campaign in the future for modelling.

Model: Tiago Jardim  
Agency: MMM Agency  
Location: Cape Town



Model: Tiago Jardim | Photographer: Tharine Photography | MUA: Arthur Browne | Location: Bloemfontein





Model: Tiago Jardim | Photographer: Saul Lazarus | MUA: Arthur Browne | Stylist: Thalia De Villiers | Location: Cape Town

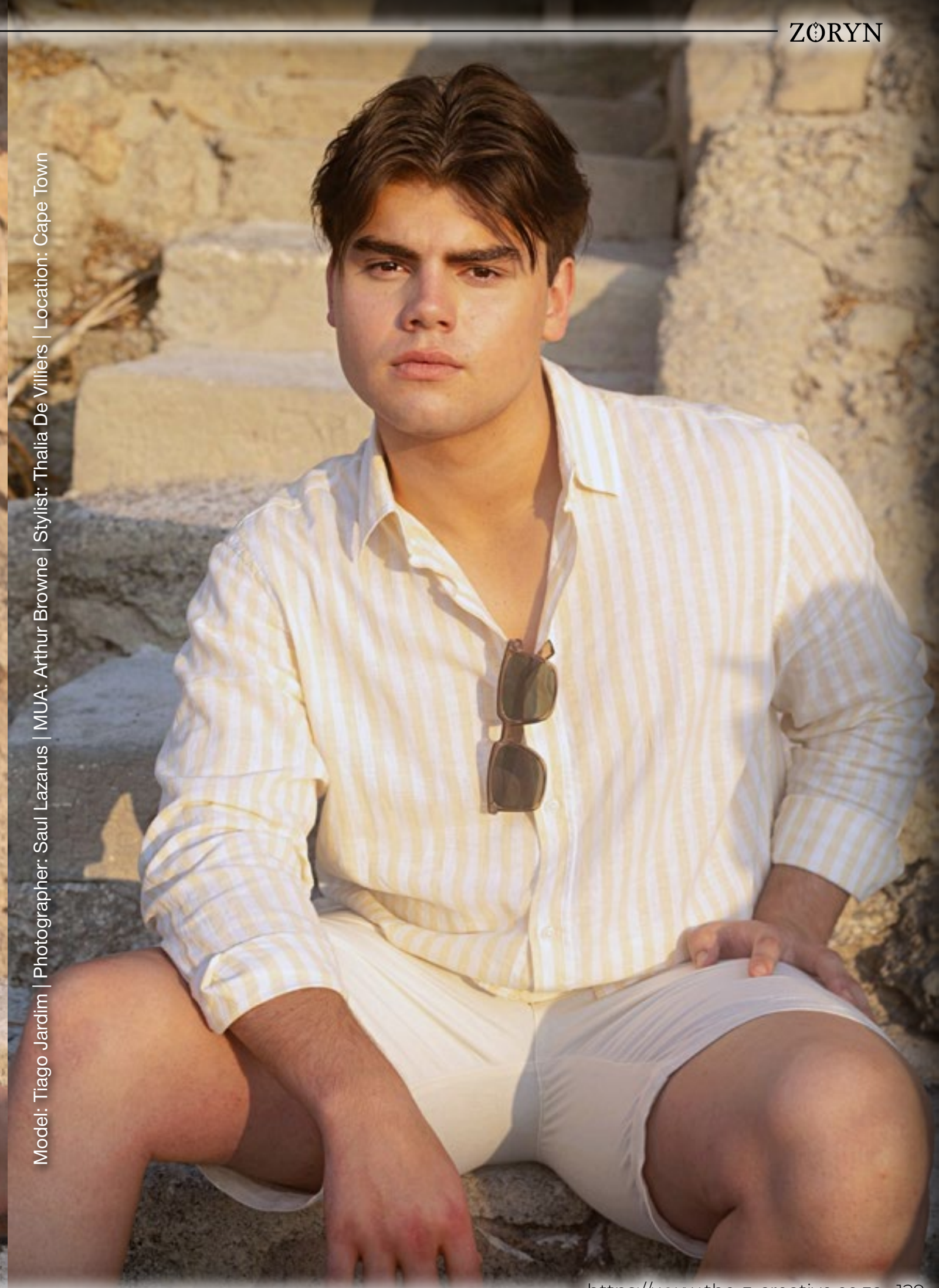


Model: Tiago Jardim | Photographer: Saul Lazarus | MUA: Arthur Browne | Stylist: Thalia De Villiers | Location: Cape Town





Model: Tiago Jardim | Photographer: Saul Lazarus | MUA: Arthur Browne | Stylist: Thalia De Villiers | Location: Cape Town



Model: Tiago Jardim | Photographer: Saul Lazarus | MUA: Arthur Browne | Stylist: Thalia De Villiers | Location: Cape Town





Model: Tiago Jardim | Photographer: Saul Lazarus | MUA: Arthur Browne | Stylist: Thalia De Villiers | Location: Cape Town



Model: Tiago Jardim | Photographer: Saul Lazarus | MUA: Arthur Browne | Stylist: Thalia De Villiers | Location: Cape Town



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Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)

# Jordan Brown

My name is Jordan Brown, I am a model from Port Elizabeth, South Africa, currently living and working as a model in India.

My modeling journey began in 2020 with Sophisticate Models, a modeling school in Port Elizabeth. My main focus was to build up my confidence and work on my posture, not knowing I would instantly fall in love with the industry and journey.

I took part in various fashion shows for designers, competitions, photoshoots, and commercials. Just to name a few...

- I was the Senior Top Model winner of 2022 with Sophisticate Models
- Karoo Winter Wool Festival (2023 & 2024)
- Braemore Designs Fashion Show (2023)
- Kelly Mae Bespoke Bridal Fashion Show (2022 & 2023)
- Sophisticate Models Fashion Shows, showcasing local designers designs and garments
- Photoshoots with
- Ridwaan Photography
- Vinette Gerber and Duanè Viljoen
- Melkweg (Janelka)
- Rachel Smitch Belton
- Ross Charnock
- Umbro Lifestyle TV Commercial

- CAT Apparel
- KFC
- Hinterveld
- The Backroom
- Sony Alpha
- Mahaba Threads
- Ambassador for Bedorwe Brokkie in 2022

Currently an ambassador for Lovisa Life Living Naturally since 2023

I got the honor of being signed with the MMM Agency (Martez Multi Management) based in Cape Town in 2020, as well as being signed with Claudia Model management (Claudia Artist and model Management) based in Italy in 2023.

January 2024, I was selected as a finalist to take part in the Opulent Models Female Runway competition that took place in Pretoria on the 22nd of August 2024.

The Opulent Models competition is the biggest modeling competition in South Africa and I just knew I needed to be apart of it.

The journey and process took 8 months, I flew up from Port Elizabeth in April for the Opulent Models Model Party and again in June for the Master Class, meeting many incredible and kind runway finalists.

The Opulent Models Finale on the 22nd of August was an experience I cannot describe, I felt an immense amount of joy walking on that ramp knowing that was where I was meant to be.

Photographed by:  
Saul Lazarus

Knowing I had so many people supporting me and believing in me made it easy to walk on that ramp in front of 5,000 guests. If you believe in yourself, you truly can accomplish your dreams.

I have always strived for more, to continue growing in this industry and learn more. September 4th 2024, I landed in New Delhi India... A few months prior I had been scouted and signed by the modeling agency Azure Talents in India through Martez and Claudia. This is an opportunity that I could not miss, this is my time to get out there and show what I am made of.

It really has been such an incredible experience so far.

I could not be more grateful for all the love and support I have been blessed with from Martez, Claudia, the Sophisticate family, along with all my family members and friends.

Modeling has become my passion in life and no matter how far I get, I want to go further.

Model: Jordan Brown  
Agency: MMM Agency  
Location: Gqeberha (Port Elizabeth)  
Mother Agency: Sophisticate Models





Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)



Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)





Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)



Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)



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Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)





Model: Jordan Brown | Photographer: Saul Lazarus | Location: Gqeberha (Port Elizabeth)





# THE Z CREATIVE

## PAGE SPECS

- SIZE 210MM (W) x 297MM (H)
- BLEED 3MM

## IMAGES

- DPI: 300 DPI RECOMMENDED  
HOWEVER ABOVE 150 DPI SHOULD BE SAFE
- CMYK: CMYK OR GREYSCALE PROVIDES THE BEST RESULTS
- PORTRAIT: 8.5 x 11 INCHES, 300 DPI (2550 x 3300 PIXELS)
- LANDSCAPE: 17 x 11 INCHES, 300 DPI (5100 x 3300 PIXELS)

COLOUR PROFILE: SRGB  
IMAGE TYPES: JPEG PNG  
MAY DIFFER FROM STATED REQUIREMENTS. CROP MAY BE REQUIRED TO FIT PRINTED PAGE. IMAGE SIZE VALIDATION FLEXIBLE, IMAGES MUST BE A MIN SIZE, BUT THE ASPECT RATIO MAY DIFFER FROM THE STATED REQUIREMENTS.  
6-12 IMAGES FOR CONSIDERATION  
CREDITS REQUIRED OF ALL INVOLVED.

PHOTOGRAPHER, MODEL, AGENT, MUAH, WARDROBE WRITTEN EDITORIAL VALIDATING SUBMISSIONS FOR THEME-DRIVEN CALLS-TO-WORK REQUIRED. **STANDARD RESPONSES:** 14 DAYS  
**PRIORITY REVIEW RESPONSES:** 48 HRS PAID  
SUBMISSIONS ARE REFUNDABLE WHERE INDICATED \*

**ADHERE TO THE GUIDELINES**  
POOR QUALITY SUBMISSIONS & STATED REQUIREMENTS NOT BEING MET, WILL BE DECLINED.

## BRAND/VENUE/STORE AND BUSINESS SUBMISSIONS

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R950.00/\$55
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# ARTICLES





# ANNA DAAL: RUFFSA INT.

@irinagrants\_muah\_photography  
@massimodutti

As the founder of #RUFFSAINT I want to share my vision and the passion behind the creation of this festival. I established this festival to celebrate the incredible art of filmmaking and to create a platform where diverse voices and stories can shine.

My goal has always been to bring together filmmakers, audiences, and industry professionals in a collaborative and inspiring environment. I believe that cinema has the power to connect us, spark meaningful conversations, and foster understanding among cultures.

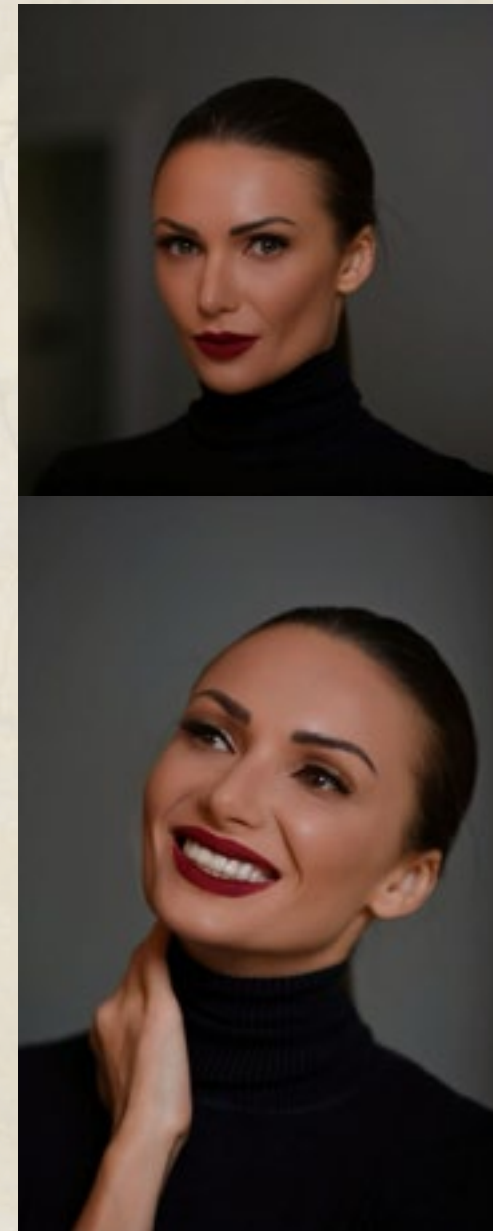
Through #RUFFSAINT I aim to showcase a wide range of films, from emerging talents to established creators, and to provide opportunities for networking, learning, and growth within film community in South Africa.

I founded RUFFSAINT out of a deep passion for film and a desire to create a space where unique stories can be shared and celebrated. As an actor, producer and lover of cinema and I recognized the power of film to inspire, provoke thought, and foster connections among people from diverse backgrounds.



I wanted to provide a platform for both emerging and established filmmakers to showcase their work, connect with audiences, and engage in meaningful discussions about the art of storytelling. My goal is to nurture creativity, encourage collaboration, and highlight the importance of diverse voices in the film industry.

By establishing this festival, I hope to contribute to a vibrant community of artists and enthusiasts, celebrate the art of filmmaking, and inspire the next generation of storytellers.



Agency: MMM Agency

As the owner of RUFFSAINT, I seek to celebrate and promote a rich diversity of voices and stories from around the globe. My vision for the festival encompasses several key elements:

1. **\*Innovation\*:** I look for unique and creative storytelling that pushes the boundaries of traditional filmmaking. Fresh perspectives and inventive narratives captivate audiences and inspire discussions.

2. **\*Cultural Representation\*:** It's essential to showcase films that reflect diverse cultures and experiences. I aim to provide a platform for underrepresented voices, fostering a deeper understanding of global issues and perspectives.

3. **\*Quality\*:** I seek films of high artistic and technical quality. Exceptional cinematography, writing, and direction elevate the viewing experience and leave a lasting impact.

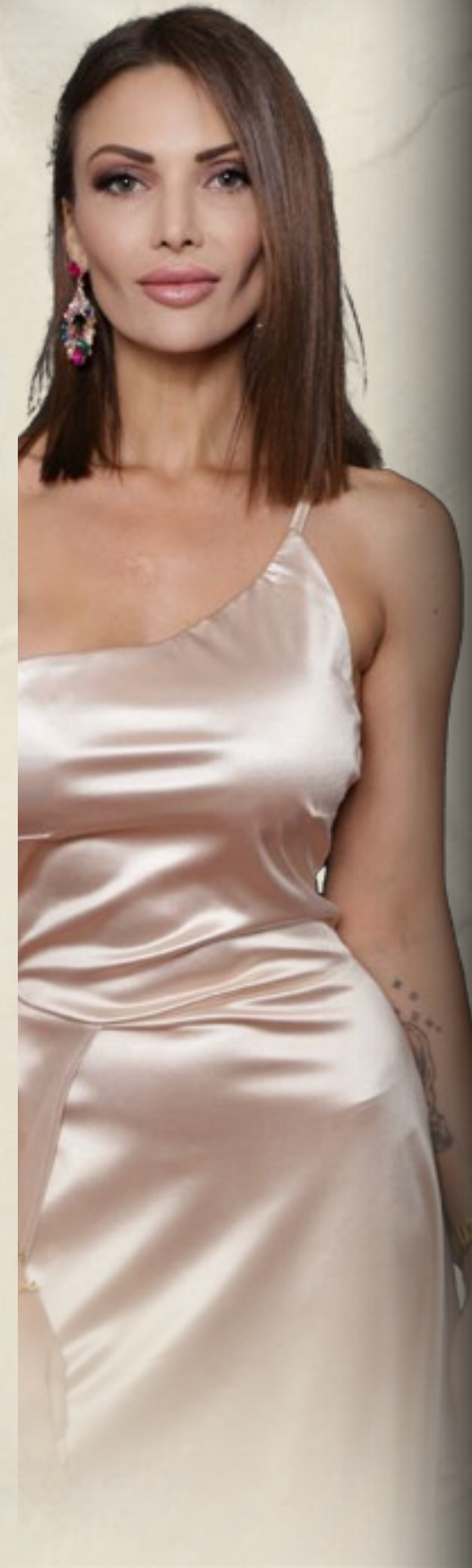
4. **\*Engagement\*:** I value films that provoke thought and engage audiences emotionally. Whether through laughter or tears, films should inspire dialogue and connection among viewers.

5. **\*Emerging Talent\*:** I aspire to discover and support new filmmakers, offering them opportunities to showcase their work and connect with industry professionals and audiences alike.

6. **\*Community\*:** The festival should foster a sense of community among filmmakers, audiences, and industry stakeholders, creating an inviting atmosphere for networking and collaboration.

My ultimate goal is to create an enriching experience that celebrates the art of film while promoting understanding, empathy, and connection across cultures.

The categories: <https://russianfilmfestivalsa.com>







Model: Anna Daal | Photographer & MUAH: @irinagrnt\_muah\_photography | Wardrobe: @massimodutti)



Model: Anna Daal | Photographer & MUAH: @irinagrnt\_muah\_photography | Wardrobe: @massimodutti)





Model: Anna Daal | Photographer & MUAH: @ irinagrnt\_muah\_photography



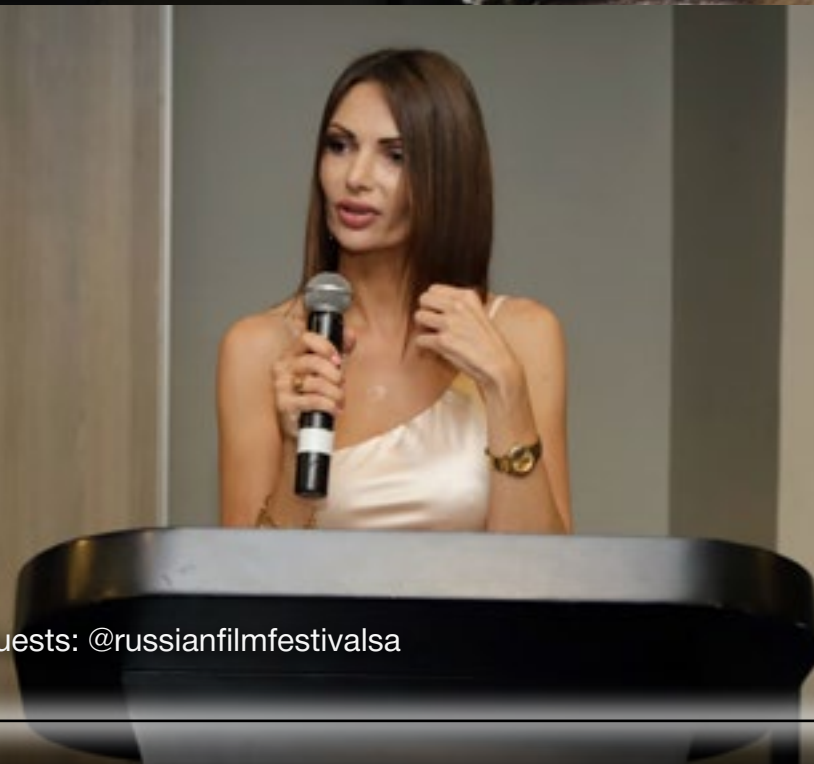
Model: Anna Daal | Photographer & MUAH: @ irinagrnt\_muah\_photography





Festival Celebrities & Guests: @russianfilmfestival













Festival Celebrities & Guests: @russianfilmfestivalsa





*Russian Film Festival  
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Festival Celebrities & Guests: @russianfilmfestivalsa

*Russian Film Festival South Africa International*











*Russian Film Festival  
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*Russian Film Festival  
South Africa International*



Festival Celebrities & Guests: @russianfilmfestivalsa

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STUDIO MANUEL CAM



# The Boy who Cheated Death

A FILM BY  
Pipou Phuong Nguyen

Director: Pipou Phuong Nguyen







Director: Amar Khati



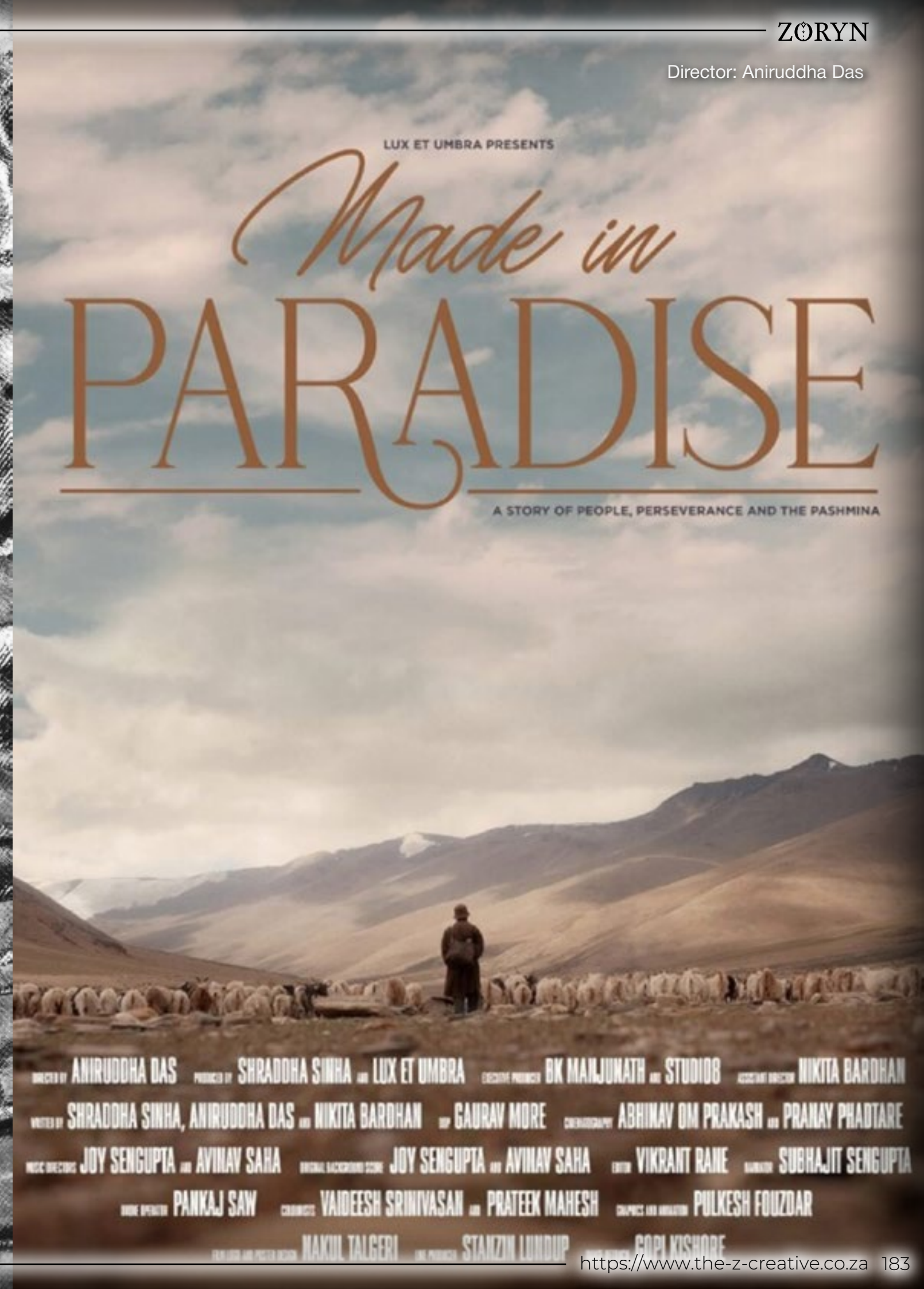


Director: Maxim Akbarov | Actor: Daurin Sergazin





Director: Aniruddha Das





Валерия Ермошина / Беата Маковская / Виталий Сазонов / Яна Пронина

# ЗРИМЫЕ ГОЛОСА

Фильм Софьи Шевляковой

Director: Sofiya Shevlyakova | Actress: Valeriya Ermoshina





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